

Group Exercise Assistant:

Position Description

Group Exercise Assistants are an integral part of the Fitness Program within Rec Sports. Group Exercise Assistants are responsible for assisting the Group Exercises Instructors to prepare for multiple group fitness classes that range in variety and levels. This includes greeting patrons and providing information about classes and programs offered by Rec Sports.

Position Responsibilities

- Greet patrons and check them into classes
- Learn and teach others the functions of the IMLeagues app
- Assist the Group Exercise Instructor with the set-up and cleanup of classes
- Maintain cleanliness and sanitation of studio equipment
- Communicate effectively with other staff
- Commitment to diversity and inclusion
- Understand and enforce Rec Sports and area-specific policies and guidelines
- Answer questions about and promote Rec Sports programs

Required Skills

- Friendly and effective interpersonal
- Outgoing and personable personality
- Good problem-solving

Qualifications

- Current UL Lafayette Student

Anticipated Schedule/Hours

HOURS OF POSITION

- As early as 3:30pm and as late as 9:30pm
- Hours depend on the Group Exercise schedule for the semester

TYPICAL SHIFT LENGTH

- 1½-4 hours

How to Apply

Complete the [Rec Sports Student Employee Application](#) on the Rec Sports website.